

ST MARTINS KARATE GROUP

Members Code of Conduct

Clear expectations for safe, respectful and positive participation

Organisation	St Martins Karate Group
Clubs covered	St Martins Junior Karate Club and St Martins Karate Carnforth
Safeguarding contacts	Paul Turner (DSL) and Chris Haggan (Deputy DSL)
Safeguarding email	safeguarding@stmartinsjuniorokarateclub.co.uk
Version	1.2
Approval date	1 August 2026
Next scheduled review	August 2029

Approved by Paul Turner and Chris Haggan

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- Treat instructors, fellow members, officials, parents, carers, visitors and venue staff with respect.
- Listen carefully and follow safety instructions promptly.
- Use karate techniques with control and only within authorised training, competition or genuine self-defence.
- Never use karate skills to threaten, intimidate, bully, humiliate or deliberately harm another person.
- Tell an instructor about pain, injury, illness, worry or anything that feels unsafe.
- Stop immediately when instructed, when a partner taps or asks to stop, or when continuing would be unsafe.
- Wear suitable, clean clothing or uniform and use protective equipment correctly.
- Look after club equipment and venue property.
- Remain within the training area during class unless an instructor gives permission to leave.
- Do not go onto the stage or use it as a play, waiting or training area. At Slyne with Hest Memorial Hall, the stage is reserved for parents and carers watching classes.
- Do not enter or use a venue kitchen unless an instructor or other authorised responsible adult has given permission and is supervising as required.
- Keep mobile phones and personal devices away during training unless needed for medical, accessibility or emergency reasons.
- Follow the Group's photography, social-media and communication rules.
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Report unsafe practice, bullying, discrimination, injuries or safeguarding concerns to an instructor or safeguarding lead.

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Raise complaints or disagreements through the proper procedure rather than confrontation or abusive online posts.

Attendance and behaviour

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Make a reasonable effort to attend regularly and participate positively.

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Do not deliberately disrupt a class or ignore repeated safety instructions.

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Ask for help or an adjustment when needed; it is acceptable to make mistakes or be unable to complete an activity safely.

Agreement

ST MARTINS KARATE GROUP

Child/member name: _____

Signature: _____

Date: _____

Date: _____

Document control

Version	1.2
Approval date	1 August 2026
Next scheduled review	August 2029
Safeguarding email	safeguarding@stmartinsjuniorkarateclub.co.uk
General enquiries	info@stmartinsjuniorkarateclub.co.uk